

My hobby is cultivating vegetable. Finishing my job, I started agriculture, and at the beginning I was discouraged at my repeated failure. I studied the basic, and started creating breeding ground. Now I grow up vegetable which can satisfy my needs. As agriculture depends on weather, I watch without fail the weather forecast, and prepare for the next day's job.

It is hard to do an agricultural work, but I am pleased to share the harvested vegetable with my neighbors and grandsons. I grow up various vegetable as sweet potato, radish, broccoli and genus brassica, etc. At the harvest time I feel growing up greatly of the vegetable I cultivated with diligence.

In agricultural work, taking leaning forward position is frequent, I participate every week "Washi-no-sato health gymnastics" which is opened at Higashi-Chichibumura living center for seniors. It is very enjoyable to have a nice chat so as to forget time. I will surely continue this participation to keep myself healthy.

I suggest your participation in these gymnastics.

Wishing children's safety

I participate in school guard movement thanks to my acquaintance's suggestion.

At first I was uneasy as I did not know what is its function, but I dared to participate in the movement for my health care. Since then passed already 2 years. Riding in a patrol car with the persons on duty, matching the drop-off time I visit Tsukigawa Elementary School and walk the school road to return home with the children twice a month.

Sometimes children's figure gives me energy when they walk energetically even with big package. I feel really the pleasure to walk together with the children, noting the change of seasons.