

Ladies and gentlemen Good Afternoon! The opportunity why I started the Hula Dance was the training at Community Center. I was looking for a sport appropriate for my age, and I received a recommendation. I was able to finish all the training period. The activities continued even after the training period finished. The first Hula Dance team "Sweet Heart" was born in the village, and the activities now count about 20 years. Our activities are done mainly in our village. Our presentations are done at Washi-no-sato Culture festival, and Yamatsutsuji Kanshou festival at Nihongi Toge, which is done on the same mountain opening day. Covered with colorful costume and after stage makeup is done, our spirit gets younger. We feel happy when the audience enjoys our performance. We think the charm of Hula Dance exists in the expression of meticulous and graceful fingertip. It is almost finger language to express mixed feelings toward the praise and pray to the nature, as the dance corresponds to the same dance of our island country. It is also one of the charms to dance on the full exotic music atmosphere or on the Japanese hit songs.

A little international exchange and volunteer activities on Japanese costume

The tea ceremony was one of my hobbies, and worked as a volunteer in the tea ceremony room in National Women Educational Meeting Hall at Ranzan Town. The meeting hall provided a tea ceremony room for the foreigner participants who participated in the exchange project of Japanese Culture. It was one of highlights to show the capacity as Japanese kimono dressing assistant/certified instructor to dress up physically well built ladies. The photo shows myself when I dressed up Miss Canada with a long-sleeved kimono. I was happy seeing the ladies exchanged photo taking each other

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with their pose with costume dressing of kimono, upon finishing their dress up. Moreover, in order to promote popularization enlightenment of kimono dress culture, and to help make summer memories, I am assigned with the duty of "kimono assistant dress up helper" at Sakamoto Bon-odori festival. How about getting familiar with kimono dress up, starting with

Yukata and Jinbei kimono?

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