

“Mizu-yaki” is a local specialty which people in Higashi-Chichibumura came eating. Mixing wheat and water, and baking, thus you can make Mizu-yaki easily.

In the long term evacuation center life, it is easy to make instantly. Eating and feeling relieved, that is “Mizu-yaki”. For the recipe of “Mizu-yaki” we consulted with Komatsuya head office, who offered us “Anko ” and “Mitarashi”.