

more than 1,600 times. “We want to serve hot school lunches to the pupils and students of the schools.” With this wish in mind the cooks make everyday the school lunch.

In Higashi-Chichibumura the school lunch is cooked in a working room of the elementary school and is delivered to the pupils. This time we present to you “What is a school lunch of our village?” “What is the charm of our own cooking?” While, we ask the professor Ikeda, our nutrition instructor, the impression “what is the meaning of cooking the school lunch?”, and “how to establish a menu?”

What is the school lunch of our village?

School lunch which supports every day the activities and perseverance of our children with food culture and seasonal menu of our village Higashi-Chichibumura. School lunch is considered as the source of our vitality. In Higashi-Chichibumura school lunch is served in the system of parent and child cooking, i.e. serve to the middle school students the lunch cooked at the elementary school. At the elementary school hot school lunch is served every day, the food cooked under own cooking system. As to the ingredients they are stuck to the local products, positively using the local agricultural products of Saitama Prefecture and Higashi-Chichibumura. The local agricultural products are bought each time at the direct products selling spots, otherwise, they are dealt directly between the school and farmers. We hope the children know more about agriculture and its products of Higashi-Chichibumura, eating more our local products. Moreover, it is our keen wish that the children know more about efforts and hardships of the local farmers and bring up their gratitude.

Tsukigawa Elementary School – the charm of self cooking?

First of all, the fact is that the children eat hot school lunch. In the morning there comes drifting the delicious smell of food to the classrooms, smell while

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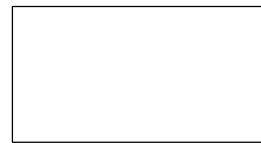
cooking the school lunch. The children feel by their side the cooks preparing for their school lunch. “Thanks for the delicious lunch” “Today’s lunch was good also.” These words make happy both the cooks and children. Annual event foods and gran prix foods are served also. These seasonal event menu

as well as menu on children's request are served. Nutrient instructor develops full nutrient school lunch menu, and the cooks prepare for the school lunch, thus the children enjoy the school life.

Experience to peel off the skin of the corn.  
After studying the corn, the children requested the cooks the preparation of school lunch.



The menu of Halloween is omelet containing fried rice. Drawing with ketchup as each one wishes, they ate delightedly the delicious school lunch



The feeling of nutrient instructor Ikeda

School lunch helps maintaining health of growing children. It has also the function of living teaching materials. Concretely school lunch consists of menu of well-balanced staple food, main dish and side dishes, which is basic menu, and event food as Tanabata.

While, experiencing food, children can meet various matters as collaboration of school lunch with the purpose to fix the learning, open air school lunch to develop mind and social consciousness. As the major premise of these meetings the most important matter is safe and delicious "school lunch". School lunch which we eat at elementary school and middle school makes good memories . . . I myself enjoy and make the school lunch.